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**Research Article**

**Heavy Metal Levels In  
Three Major Carps  
(*Catla catla*, *Oreochromis  
niloticus* and *Cyprinus  
carpio* Var.*communis*)  
From The Lake Of  
Thanjavur District**

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**Abstract**

The present study was conducted to determine heavy metal (cadmium and chromium) concentrations in gills, liver, skin and muscles of three fish species (*Catla catla*, *Oreochromis niloticus* and *Cyprinus carpio* var. *communis*) from three stations viz. Varan lake, Red lake and Amni lake in Thanjavur District. Heavy metal concentrations varied significantly depending upon the type of fish tissues and locations. The concentrations of cadmium and

chromium differed significantly ( $P < 0.05$ ) among three fish organs and three sites and non-significantly between the three fish species. Fish liver appeared to have significantly higher tendency for the accumulation of cadmium and chromium ( $3.27 \pm 1.57$  and  $2.97 \pm 1.57 \mu\text{g g}^{-1}$ ), while gills had minimum concentrations ( $1.05 \pm 0.53$  and  $0.92 \pm 0.088 \mu\text{g g}^{-1}$ ) of these metals. Generally, *Catla catla* showed higher levels of metal concentrations than *Oreochromis niloticus* and *Cyprinus carpio* var. *communis*. Metal contamination was highest in Red lake probably due to inclusion of more effluents from sewage water.

**Keywords:** Major carps, cadmium, chromium and lakes.

**Introduction**

Pollution of water resources is a serious and growing problem but despite the existence of relevant legislation on pollution of the aquatic environment by toxic chemical pollutants, pollution continues to occur with domestic waste water being the main sources responsible for the contamination of aquatic environments <sup>(1)</sup>.

Metals are non-biodegradable and are considered as major environmental pollutants causing cytotoxic, Mutagenic and Carcinogenic effects in animals <sup>(2)</sup>. Aquatic organisms have the ability to accumulate heavy metals from various sources including sediments, soil erosion and runoff, air depositions of dust and aerosol, and discharges of waste water <sup>(3,4)</sup>. Therefore, accumulation of heavy metals in aquatic organisms can pose a long lasting effect on biogeochemical cycling in the ecosphere. Heavy metals can also adversely affect the growth rate in major carps <sup>(5)</sup>.

Fish are often at the top of aquatic food chain and

may concentrate large amounts of some metals from the water <sup>(6)</sup>. Metal bioaccumulation is largely attributed to differences in uptake and depuration periods for various metals in different fish species <sup>(7)</sup>. Multiple factors including season, physical and chemical properties of water <sup>(8)</sup> can play a significant role in metal accumulation in different fish tissues. The gills are directly in contact with water. Therefore, the concentration of metals in gills reflects their concentration in water where the fish lives, whereas the concentration in liver represents storage of metals <sup>(9)</sup>.

The present study was planned to investigate heavy metals viz. cadmium and chromium ecotoxicity of the river system with particular reference to fish. Bioaccumulation patterns of these metals in fish body organs were also investigated.

## Materials And Methods

Samples of three fish from each of the three species (*Catla catla*, *Oreochromis niloticus* and *Cyprinus carpio var. communis*) were collected from three stations viz. Varan Lake, Red lake and Amni Lake on monthly basis for one year study period. Sample of fish organs viz. gills, liver, skin and muscles were digested, separately with concentrated nitric acid. For this purpose, each sample was taken in a 100ml tube and 10ml concentrated nitric acid was added. Samples in tubes were heated at 100,150,200 and 250°C on hot plate for 30 minutes and 1.0 hour respectively. Finally, 2ml of 1N nitric acid was added to the residue and the solution was evaporated again on hot plate, continuing until sample was completely digested and become colorless.

**Table 1: Mean values ( $\mu\text{g g}^{-1}$ ,  $\pm\text{SD}$ ) of cadmium and chromium in various body organs of three fish species collected from three stations**

### 1. RED LAKE

Factors	Cadmium					
	Control	<i>Catla catla</i>	Control	<i>Oreochromis niloticus</i>	Control	<i>Cyprinus carpio var. communis</i>
Gills	0.82±0.011	1.05±0.53*	0.82±0.011	0.98±0.041*	0.82±0.011	0.92±0.088*
Liver	2.78±1.12	3.77±1.57**	2.78±1.12	3.43±0.151**	2.78±1.12	3.38±0.166**
Skin	1.98±0.95	2.36±1.12**	1.98±0.95	2.60±0.188**	1.98±0.95	2.44±0.144**
Muscles	1.05±0.65	1.90±0.80**	1.05±0.65	1.41±0.120**	1.05±0.65	1.25±0.101**
Chromium						
Gills	0.72±0.008	0.95±0.53*	0.72±0.008	0.79±0.041*	0.72±0.008	0.92±0.088**
Liver	2.64±09.12	2.97 ±1.57**	2.64±09.12	2.83±0.151**	2.64±09.12	2.80±0.166**
Skin	1.68±0.75	2.06±1.12**	1.68±0.75	2.00±0.188**	1.68±0.75	1.90±0.144**
Muscles	1.00±0.54	1.70±0.80**	1.00±0.54	1.21±0.120**	1.00±0.54	1.02±0.101

### 2. VARAN LAKE

Factors	Cadmium					
	Control	<i>Catla catla</i>	Control	<i>Oreochromis niloticus</i>	Control	<i>Cyprinus carpio var. communis</i>
Gills	0.73±0.010	0.96±0.51*	0.73±0.010	0.80±0.041*	0.73±0.010	0.92±0.088*
Liver	2.68±1.02	2.75±1.47**	2.68±1.02	2.73±0.150**	2.68±1.02	2.70±0.163**
Skin	1.79±0.85	2.16±1.12**	1.79±0.85	2.00±0.188**	1.79±0.85	1.94±0.140**
Muscles	1.00±0.60	1.70±0.70**	1.00±0.60	1.30±0.120**	1.00±0.60	1.05±0.100**
Chromium						
Gills	0.68±0.010	0.85±0.50**	0.68±0.010	0.64±0.030*	0.68±0.010	0.56±0.080**
Liver	2.57±09.08	2.67 ±1.52*	2.57±09.08	2.62±0.142*	2.57±09.08	2.61±0.131*
Skin	1.62±0.80	1.86±1.02**	1.62±0.80	1.90±0.176*	1.62±0.80	1.81±0.163*
Muscles	1.00±0.45	1.54±0.79**	1.00±0.45	1.21±0.102**	1.00±0.45	1.00±0.092**

### 3. AMNI LAKE

Factors	Cadmium					
	Control	<i>Catla catla</i>	Control	<i>Oreochromis niloticus</i>	Control	<i>Cyprinus carpio var. communis</i>
Gills	0.72±0.008	0.92±0.088**	0.72±0.008	0.80 ±0.088**	0.72±0.008	0.74±0.080*
Liver	1.64±09.12	2.00±0.153**	1.64±09.12	1.84 ±0.144**	1.64±09.12	1.75±0.163**
Skin	1.60±0.75	1.75±0.131**	1.60 ±0.75	1.62±0.120**	1.60±0.75	1.73 ±0.122*
Muscles	1.00±0.54	1.30±0.100*	1.00±0.54	1.12±0.080**	1.00±0.54	1.05±0.100**
Chromium						
Gills	0.64±0.005	0.75 ±0.53**	0.64±0.005	0.69±0.041*	0.64±0.005	0.67 ±0.088**
Liver	1.24±09.10	1.97 ±1.57*	1.24±09.10	1.43±0.151*	1.24±09.10	1.63±0.166*
Skin	1.48±0.70	1.70±1.12**	1.48±0.70	1.59±0.188**	1.48±0.70	1.60±0.144**
Muscles	0.90±0.50	1.52±0.80**	0.90±0.50	1.01 ±0.120**	0.90±0.50	1.00 ±0.101**

\*Significant  $p < 0.05$ , \*\*Highly Significant  $p < 0.01$

The sample was cooled and 10ml of 1N nitric acid was added again. Digested sample was transferred 500ml volumetric flask to make the volume by using the double distilled water. The digested sample volume was filtered through 0.45µm Millipore membrane filter (Type HV). The filtrate was analyzed for cadmium and chromium concentrations according to Steel *et al* <sup>(10)</sup> on an Atomic Absorption Spectrophotometer. Analysis of variance and Student t-test were applied to find out statistical differences among various parameters <sup>(11)</sup>.

#### Results

**Cadmium:** Among various body organs, the liver of all the three fish species sampled from three sampling stations showed significantly higher ( $P < 0.01$ ) concentration ( $3.27 \pm 1.57 \mu\text{g g}^{-1}$ ) of cadmium followed by that of skin, muscles and gills (Table 1). Gills appeared as an organ that had minimum cadmium concentration ( $1.05 \pm 0.53 \mu\text{g g}^{-1}$ ). Among the three fish species, *Catla catla* showed higher ability to accumulate cadmium than that of *Oreochromis niloticus* and *Cyprinus carpio var. communis* the difference was significant (Table 1). Among the three sampling stations, the fish at Red lake showed the higher concentrations of cadmium in their bodies ( $P < 0.05$ ) compared to those at Varan lake and Amni Lake, while the difference between the latter two stations was significant.

#### Chromium

The highest concentration of chromium ( $2.97 \pm 1.57 \mu\text{g g}^{-1}$ ) was observed in the liver of all the three fish species ( $P < 0.05$ ). The minimum concentration of chromium ( $0.95 \pm 0.53 \mu\text{g g}^{-1}$ ) was found in the gills

(Table 1). Among the three species the maximum concentration of chromium was observed in *Catla catla*, followed by *Cyprinus Carpio Var. Communis* and *Oreochromis Niloticus*, the difference was significant. Among the three sampling stations, the fish *Catla catla* accumulated highest chromium concentration in Red Lake, while the lowest value was recorded at Amni Lake. However, there was significant difference among the sampling station for the accumulation of chromium.

#### Discussion

Knowledge of heavy metal concentrations in fish is important with respect to nature of management and human consumption of fish. In the literature, heavy metal concentrations in the tissue of freshwater fish vary considerably among different studies <sup>(5,12,13)</sup>, possibly due to differences in metal concentrations and chemical characteristics of water from which fish were sampled, ecological needs, metabolism and feeding patterns of fish and also the season in which studies were carried out. In the river, fish are often at the top of the food chain and have the tendency to concentrate heavy metals from water <sup>(6)</sup>. Therefore, bioaccumulation of metals in fish can be considered as an index of metal pollution in the aquatic bodies <sup>(5, 7, 12, 14)</sup> that could be a useful tool to study the biological role of metals present at higher concentrations in fish <sup>(15)</sup>.

In the present study, the red lake showed higher accumulation of cadmium in their bodies than other two stations, while the difference for the toxicity of chromium was statistically non-significant among three sampling stations. The fish (*Catla catla*,

*Cyprinus Carpio Var. Communis* and *Oreochromis Niloticus*) at Red Lake accumulated significantly higher quantities of iron and nickel in their bodies than those captured from Amni Lake <sup>(12)</sup>; however, the response of three fish species, for the accumulation of metals in their bodies did not vary significantly.

Metal accumulation in fish bodies appear as site specific, corresponding with the metallic toxicity of three aquatic components viz. water, plankton and sediments <sup>(12)</sup>. Fish liver exhibited highest tendency to accumulate both the metals. The accumulation of both cadmium and chromium were the minimum in the fish gills. Dural *et al.* and Ploetz *et al.* <sup>(15,16)</sup> reported highest levels of cadmium, lead, copper, zinc and iron in the liver and gills of fish species viz. *Sparus aurata*, *Dicentrachus labrax*, *Mugil cephalus* and *Scomberomorus cavalla*. Yilmaz *et al.* <sup>(17)</sup> reported that in *Leuciscus cephalus* and *Lepornis gibbosus*, cadmium, cobalt and copper accumulations in the liver and gills were maximum, while these accumulations were least in the fish muscle. Canli and kalay <sup>(18)</sup> determined the concentrations of cadmium and chromium in the gills, liver and muscles of *Cyprinus carpio*, *Barbus capito* and *Chondrostoma regium* caught at 5 stations on the Seyhan river system. Liver and gills tissues showed higher metal concentrations than muscles tissue. Thus, heavy metals when discharged into the river enter the food chain and accumulate in the fish body as determined during this investigation.

### Conclusions

The results of this study supply valuable information on the metal contents in fish from different sampling stations of the lakes. Fish liver exhibited highest tendency to accumulate both cadmium and chromium, while the accumulation of both the metals was minimum in fish gills.

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